

What is your child learning in Physical Education?

Topic of Study

Basketball Key skills-
Passing, Shooting,
Communication, Dribbling

Key Dates & Deadlines

Basketball training is after school
every Tuesday with Mr Simms.
The basketball league starts after the
October half term.

Family Friendly Homework

Can you name all the positions in a
basketball team?
Have a competition see who can spin the
ball on their finger the longest (BBC link
will help)

Resources to Support

BBC & YouTube

[http://www.bbc.co.uk/sport/get-
inspired/23143745](http://www.bbc.co.uk/sport/get-inspired/23143745)

[https://www.youtube.com/channel/UCX
Q0-3yGT71KRNfPu7wOVeA](https://www.youtube.com/channel/UCXQ0-3yGT71KRNfPu7wOVeA)



Resources to Challenge

Research what the main principles are in
basketball and relate to a game.
Research three basketball players in the
major leagues in the UK or NBA.

Outside of the classroom

Basketball training is after
school every Tuesday with
Mr Simms.

Discussion starters

Can you name a component of fitness that a basketball player may use in a lay-up? Can you name three basketball players in the NBA and discuss what makes them exceptional performers?



St. Antony's Catholic College
in partnership with Loreto Grammar School