



St Antony's
Roman Catholic School

ASPIRE + BELIEVE + ACHIEVE

BRAND NEW!! Online course 'Understanding your child's mental health and wellbeing' from the Solihull Approach (NHS).

How do I access?

www.inourplace.co.uk

What's the code?

- If you haven't used it already here is the access code for all the online courses (funded for residents):
WATERPARK
- If, like many parents, you have already used this code, log into your account [here](#) and this course will be ready in your dashboard to start whenever you are ready.

Can I tell my family and friends?

Absolutely! Share the news with family members and other families in the area so that they too can take advantage of this fantastic opportunity.

How long is it?

'Understanding your child's mental health and wellbeing' itself is in 2 parts (2 modules long in total):

1. Take **Part 1**....
2. ...then take '**Understanding your child**' OR '**Understanding your child with additional needs**' (11 modules each taking 10-15 minutes to complete, benefitting from time to digest in between)....
3. ...then take **Part 2**.

If you like this...

...you might like the other courses '[Understanding your teenager's brain](#)' (short course) or '[Understanding your child's feelings](#)' (taster course), or other courses in the series. www.inourplace.co.uk