



**08 October 2021**

## **Advice to all parents and carers of secondary school pupils attending Trafford schools**

Dear parents or carers,

### **Supporting schools during Covid**

Trafford Council's Public Health Team is working closely with our schools to reduce the number of Covid cases and ensure our schools can remain open and children can continue to access in-person education. We are writing to you to tell you about some new measures we are introducing in schools for at least the next four weeks and we will be reviewing these on Monday 1 November. We would also like to share some key messages with you. The number of cases across our communities has increased over the last few weeks and we are asking for your support.

- **Face coverings in schools**

From Monday, Trafford schools will be asking secondary aged children to wear face coverings when moving around. Face coverings lower the risk of spreading the virus if someone has the virus but does not have symptoms. Pupils will not need to wear face coverings while sat at their desks, eating or whilst outside.

- **LFD testing for household contacts**

Since August, adults who are double vaccinated and children do not need to self-isolate if they live with someone who has Covid.

We are asking all students and staff members **who live with someone who has Covid** to do daily lateral flow tests (LFD test) before coming into school (unless exempt-see below). Pupils should start this testing from the day their household member either became **unwell with Covid or tested positive** if they did not have symptoms and continue this for 10 days.

Please remember;

- if your child tests negative, they can continue attending school.
- if your child has a positive LFD result, they must start isolating, have a PCR test and inform school.
- if they develop Covid symptoms, they should book a PCR test. It is important that people with Covid symptoms do not rely on a negative LFD test and they should have a PCR test. If your child develops symptoms of COVID-19, they must not come to school and should remain at home.

### **Exemptions to household testing**

The groups exempt from this advice are:

- Children 5 and under
- Children in Key Stage 1
- SEND schools

- 12–18-year-olds who have had at least one dose of the vaccine more than 14 days ago
- Any child, aged between 5 – 16, who has tested positive for COVID-19 via a PCR test within the past 90 days

- **Routine LFD asymptomatic testing**

We strongly encourage parents to support their children to test at home **twice a week** and to register their results, even when negative. This important testing helps to pick up the infection early, preventing further spread, keeping families, friends and schools protected from Covid.

- **Positive cases in school**

If your child is a contact of a case in school, please book them in to take a PCR test as soon as possible (unless they have had a positive PCR test in the last 90 days). Children aged 4 and under who are identified as a contact will not be advised to take a PCR test unless the positive case was someone in their own household.

If your child develops symptoms of COVID-19, they must not come to school and should remain at home. They must get a PCR test as soon as possible and isolate until the result is available. People who get a positive PCR test must continue to isolate as usual.

- **Reinforcing face covering during travel**

We would like to strongly recommend that children who use public transport, (trains, trams and busses) wear a face covering during this journey. Please also remind them to sanitise hands at the beginning and end of every journey. Face coverings are also important when car sharing with people they do not live with.

- **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

*Do*

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- Participate in twice weekly LFD testing following national guidelines (recommended for 11 years and over). Order LFD tests for your household, visit [www.nhs.uk/get-tested](http://www.nhs.uk/get-tested) We encourage you to log your results here: <https://www.gov.uk/log-test-site-covid19-results>.
- have the Covid vaccination if eligible, ensuring that if over 16 years you have both doses.

- **Further Information**

- Further information is available at [www.nhs.uk/coronavirus/](http://www.nhs.uk/coronavirus/)

We understand how disappointing and frustrating it is to have to introduce these measures and share these messages again. We will shortly be coming into winter, a time when we really need to be keeping people safe and reducing the number of Covid infections. Thank you for your support.

Yours sincerely



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