

# S.T.A.R

(St Antony's Revision)

## Workshop 1



St Antony's  
Roman Catholic School

ASPIRE + BELIEVE + ACHIEVE

# Believe it or not...

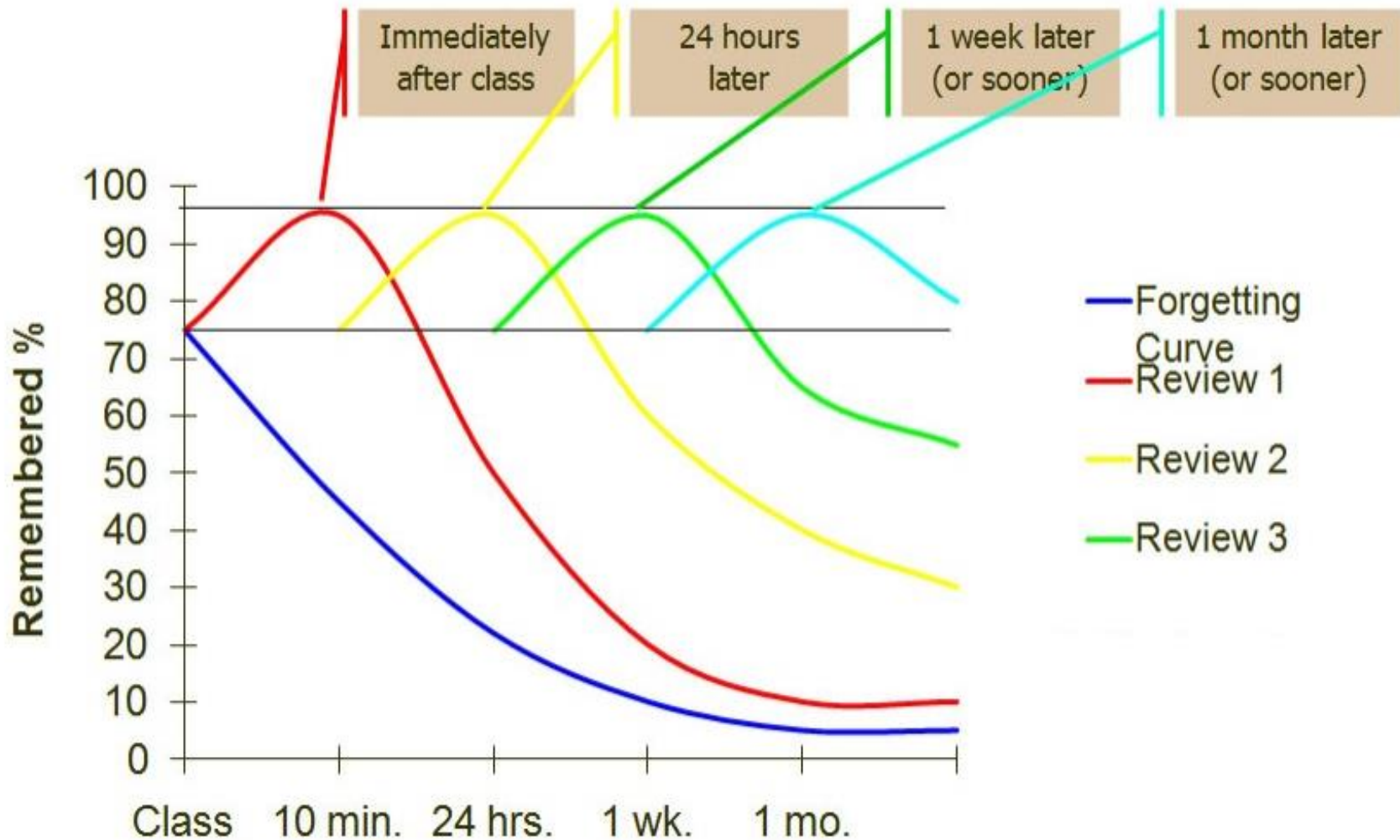
- 66% of material that you are taught is forgotten after 7 days
- 88% of material that you are taught is forgotten after 6 weeks
- Just reading notes and text books leads to a mere 10% retention

**THIS IS WHY YOU NEED TO REVISE!**

[https://youtu.be/WDKQxi0\\_Ogc](https://youtu.be/WDKQxi0_Ogc)



# The forgetting curve



<https://youtu.be/hZGrLXDHTHo>

# What is **ReVISION**

Revising is turning your classwork and information from textbooks into some form of revision notes and then learning them. That means you have to:

1. Be **ACTIVE** not passive when you are revising; you actually have to engage with the process.
2. Reading through your book, folder or textbook a few times will not do!
3. Just reading a revision guide will not do either. Engage with them and complete the tasks that are in them. Don't just pick them up and read for 5 minutes.

# S.T.A.R Workshops

When speaking to pupils before the summer holidays, it became apparent that lots of you want to revise but either, don't know how to revise or you revise incorrectly, leading to limited success and little motivation to continue.

Each week, your form tutor will dedicate one form time to work on revision skills. We have a series of 15 minute workshops called STAR (*St Antony's Revision*) workshops that will cover everything you need to know about effective revision. This will include explaining how you learn, how to set up a study space correctly, different revision strategies that you can use and how to plan an effective revision timetable.

When all of the workshops have been delivered, you should have the knowledge to be able to self manage your revision.

