

2nd September 2022

RE: Banning nut-based products from school

Dear parent/carer,

We have a pupil that will be attending the school, in the Autumn Term, who has a severe nut allergy. The pupil's anaphylaxis (allergic reaction) can occur as a result of digestion, inhalation and any contact with nut-based products. For their safety, all nut-based products have been banned from the school premises.

From this point forward, please do not send your child into school with any nut-based product for a snack or packed lunch – this includes products that may contain traces of nuts. Potential allergens could include the following:

- Spreads, e.g. chocolate spread
- Cereal bars
- Some types of biscuit containing nuts
- Condiments, e.g. satay sauce
- Cakes containing nuts
- Some snack pots containing nuts

It is important that you check the labelling of food products before sending your child in to school with them – it is not always apparent that products contain nuts or traces of nuts.

We also ask that, if your child consumes any nut-based product before school, they wash their hands thoroughly and rinse their mouth before entering the school grounds. We understand that these measures may seem extreme; however, we want to ensure the health and safety of all our pupils, and the pupil in question's allergy is so severe that even the slightest of contact with nuts would cause a severe and potentially life-threatening reaction.

Further to these provisions, the school will no longer be serving dinners that contain nut-based products. We will also ensure all food tables are disinfected before and after being used.

Due to the severity of the pupil's allergy, if any pupil is found with a nut-based product after this letter has been distributed, the school will have to confiscate and dispose of the item immediately.

We appreciate that this is a big change for all and apologise for any inconvenience this may cause.

Thank you in advance for your cooperation with this matter.

With kind regards,



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