



Dear Parent/Carer,

This year, your child will be participating in two periods of PSHCE (Personal, Social, Health, Citizenship and Economic) education each week. Among the statutory topics covered in these lessons will be Relationships and Sex Education (RSE), which will cover the following government-mandated content:

- Sexual health and fertility
- Positive relationships
- Relationship values
- Forming and maintaining respectful relationships
- Consent
- Contraception and parenthood

As a Catholic school, our obligation is to ensure our delivery of these statutory topics is robust and operates within the guidance and teachings of the Catholic Church. As such, our approach to potentially sensitive subjects is in accordance with the teachings of the Holy Bible. All lessons are age-appropriate, with the following potentially sensitive topics being explored at the following ages:

Y7	Y8	Y9	Y10	Y11
<ul style="list-style-type: none"> - Changing Bodies - Where we Come From - Online safety - Facts of Life - Close relationships - Unhealthy relationships 	<ul style="list-style-type: none"> - Feelings - Before I was Born - Tough Relationships - Think Before you Share - Sexting - When Will I Be Ready? 	<ul style="list-style-type: none"> - Love People, Use Things - My Choices - Fertility and Contraception - Marriage - Love, Honour, Cherish - The Gift of Sex - FGM - Consent - Grooming 	<ul style="list-style-type: none"> - Parenthood - Pregnancy and Abortion - Babies - Unexpected Pregnancy - Safe Sex or Save Sex? 	<ul style="list-style-type: none"> - Birth Control - Pornography - STIs - Coercive Control

If you have any questions or concerns about any of the above topics, you are invited to attend a conference call via Zoom on Wednesday 19th October 2022 from 16:00 – 16:15 – the link for which will be sent to families via email.

Kindest regards and very best wishes,

Mr C Betton
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RSE Co-ordinator

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