

Trafford School Nurses Newsletter for Secondary School

Issue 5 - January 2024



Hello and happy new year!

Trafford School Health Team would like to welcome you to the fifth edition of our newsletter. The newsletter is issued each school term letting you know what our school nurse team will be doing each term and sharing some useful information. Find out more about our service on our [webpage](#).



What's happening this term?

MMR offer

Year 7 – There has been a current rise in measles nationally. We will therefore be offering any pupils who have not received both MMR vaccines the opportunity to receive them in school. Parents of these pupils will receive a link to complete a consent form. If you have any queries about the vaccine or wish to discuss with a nurse please contact the immunisation team on **0161 912 3395**.



Year 9 vaccination offer

This term all year 9 pupils will be offered the school leaver booster of diphtheria, tetanus and polio and meningitis ACWY. Parents will be receiving the link to complete the immunisation consent form. The information is available in many languages, just ask your school or the school immunisation team on 0161 912 3395 and we can provide this for you.



Vaping awareness sessions

All schools will be offered a vaping awareness session. They are co-delivered by school nursing and [Early Break](#).

The Early Break Team are also offering webinars for parents about the risks associated with vaping on the following dates:

- Tuesday January 30th at 7pm
- Wednesday February 28th at 7pm
- Thursday March 28th at 7pm.

Links to book on these sessions will be available from your schools.



Public Health messages

Are you worried your child is involved in crime?

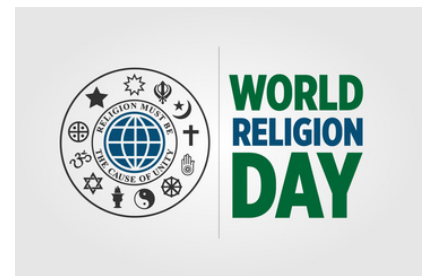
Oasis Parent and Carer Support offers support to parents and carers who have concerns that their child is involved in violent crime.

As parents and caregivers, we all worry about our children from time to time, but when a concern is troubling you it can be difficult to know where to turn. We have listened to parents and our research shows that caregivers are looking for one-to-one support, peer support, and advice and guidance when their child's behaviour is becoming a concern. Request a call back or make a referral and a member of the team will arrange a face-to-face appointment to get you started.

Visit oasis-gm.org for more information.

World Religion Day

21st January 2024 is World Religion Day. Promoting unity and understanding among people of different faiths.



Talking Mental Health

Time to Talk Day is 1st February 2024 - the aim is to get people to talk about mental health.

Time to Talk Day is about helping people and communities to come together to have the nation's biggest mental health conversation.

It's not always easy to tell people how you really feel. Sometimes it's easier to just say we're 'fine' than to open up. But an open conversation can be the first step towards better mental health.

[Find out more...](#)



School Nurse Contacts

- North Trafford (Stretford and Old Trafford) and West Trafford (Urmston, Flixton and Partington) School Nurse Teams – **0161 549 6290**
- South Trafford (Altrincham, Timperley and Hale) and Central Trafford (Sale and Sale Moor) School Nurse Teams – **0161 912 2340**