

TRAFFORD'S YOUTH VAPING OVERVIEW - JANUARY 2024

Secondary schools vaping education & awareness

Trafford's School Health & Early Break Young People's Service are working in partnership to deliver a vaping drop-in at each of the Trafford High School's between January-April 2024. This gives young people the opportunity to speak with a professional and better understand the harms and risks of underage youth vaping.

TO BOOK THESE DROP-IN SESSIONS, PLEASE CONTACT YOUR DEDICATED SCHOOL NURSE AT:

Central Team: mft.TraffordSchoolNurseTeamCentral@nhs.net or 0161 912 3395

West Team: mft.WestSchoolNurses@nhs.net or 0161 549 6290

North Team: mft.TraffordNorthAreaSchoolNursingTeam@nhs.net or 0161 549 6290

South Team: mft.TraffordSchoolNurseTeamSouth@nhs.net or 0161 912 2340



Young people's 1:1 vaping and smoking support



Young people who are regularly vaping can access 1:1 support with either their school nurse or Early Break. Parents, young people or professionals can make a referral to their local school nursing team. If a young person is found to be using an unregulated vape, smoking tobacco, or other substances, their support will be transferred to Early Break for further support to change their habits.

Parent and Professional webinars on youth vaping

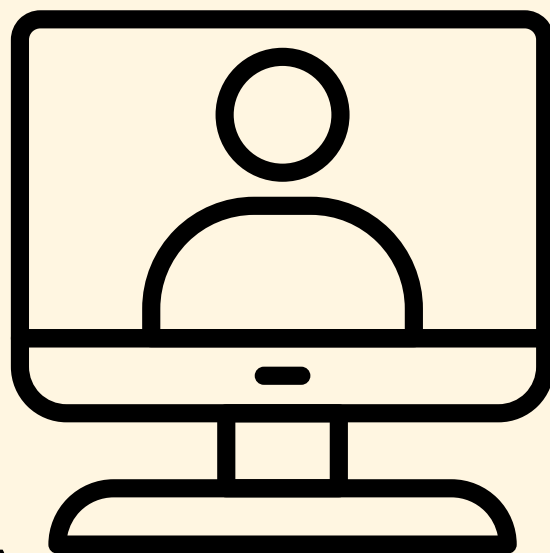
School Health & Early Break will be offering separate webinars for both parents and professionals who live/work or their child attends school in Trafford. The youth vaping webinar aims to challenge the myths and misconceptions around vapes, share the facts on youth vaping, how it may impact teenage behaviour and what support is available.

Trafford Parents Webinars:

- [Tuesday 30th January at 7pm](#)
- [Wednesday 28th February at 7pm](#)
- [Thursday 28th March at 7pm](#)

(Please click on eventbrite link above to book)

For further information please contact info@earlybreak.co.uk



Trafford professionals webinars:

- [Tuesday 20th February at 3:30pm](#)
- [Wednesday 14th March at 3:30pm](#)

(Please email tssp.learning@trafford.gov.uk with your name, job title and organisation to book)

FUTURE DEVELOPMENTS:

Copies of youth vaping educational materials are currently being developed with Trafford Young People to allow school's form tutors to deliver a short vaping education session during pupil's form time.

Trafford's Public Health Team have also been successful in the NHS Population Health Fellowship Programme. This allows Trafford Council to complete a 12-month research project. Trafford is one of only four North West Local Authorities successful in this programme, and the only LA focusing their research on youth vaping.