

PERSONAL DEVELOPMENT LESSONS, HALF TERM 4 - ONLINE SAFETY, ABUSE AND PROTECTING MY BODY



St Antony's
Roman Catholic School

Respect † Love † Integrity † Service † Resilience

Y11 HALF TERM 4 – PROTECTING MY BODY SUPPORT & SIGNPOSTING

Support is available

For further support about healthy relationships or consent:

- Speak to a parent, tutor, counsellor, support service or other trusted member of staff in the school, university or workplace
- Contact: Childline www.childline.org.uk; 0800 1111 (up to age 18)
Samaritans, www.samaritans.org; 116 123
- Explore advice on the Brook website www.brook.org.uk
- Contact Victim Support: www.victimsupport.org.uk or Rape Crisis: www.rapecrisis.org.uk

