

# Personal Development at St Antony's



**September 2024**

# The Personal Development Curriculum

- Every aspect of our Personal Development Curriculum at St Antony's matters to our mission, ***Let the Light and Splendour of Christ Shine from within us all***. This means that we are called to live like Him. With this mission, we can guide our students to become ***the best version of themselves***, supported by our Personal Development Curriculum.



- The curriculum at St Antony's extends learning beyond the academic elements to help students to develop more widely in the diverse components of their lives. It aims to enable each child to make **informed, responsible and safe choices at current and future points** in their lives. In doing this, we encourage each child to become more effective personally, socially, emotionally and physically, so that they lead happy, safe and healthy lives as they grow into respectful and responsible citizens.
- We want our students to develop their self-worth and to understand that decisions they make link to this self-worth and to their developed values, ones we hope to align with the **5 school core values - love, respect, integrity, resilience and service of others**, especially those most in need.

# The Personal Development Curriculum

We know that our intended Personal Development curriculum is effective. Ofsted rated this area of school as 'good' in June 2024. Some comments from the inspection team were:

“Pupils benefit from the strengthened personal development offer available to them”

“They have many opportunities to take part in an increasing number of extra-curricular activities. These activities include sports clubs and being navy cadets”

“The school supports pupils to broaden their interests and talents”

“The school ensures that pupils are suitably prepared for life in modern Britain. For example, they can recall a range of important knowledge about healthy relationships and how to keep themselves safe”

“Pupils have a strong understanding of the importance of tolerance and respect for those who are different to themselves”

“Pupils experience a comprehensive programme of personal development that includes information about careers. Pupils benefit from carefully tailored opportunities to help them to make informed choices about their next steps”



# How is the Personal Development Curriculum devised?

- Stakeholders voice – parental, student, staff. This is an ongoing process eg with annual RSE family consultation or student voice panels. We want to have a bespoke, effective curriculum for OUR context, challenges and situations impacting OUR students
- Regular communication with families about the content of the PD curriculum, and opportunity to influence content eg via family Information Evenings, *Dignify* workshop or *St Antony's Stories*
- Using statutory requirements, policies or guidance for secondary schools eg statutory guidance for Careers, Citizenship, RSHE
- Drawing upon external expertise – membership of national organisations such as PSHE Association, ACT; collaboration with nationally recognised PSHE expert, Janet Palmer; local networking and collaboration eg GMP & anti-knife campaigner, Alison Cope



Department  
for Education

## Careers guidance and access for education and training providers

Statutory guidance for schools and  
guidance for further education colleges  
and sixth form colleges

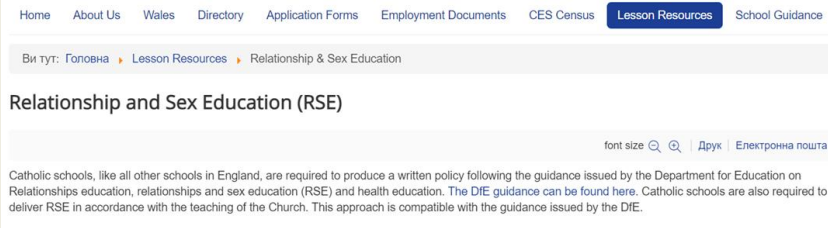
January 2023





# What is the **content** of Personal Development?

- Our 5 core values – respect, love, service, integrity and resilience
- British Values
- Citizenship
- Careers Education, Information, Advice and guidance
- Enrichment via co-curricular and wider-curricular offers
- Catholic Life of the school
- CES relationship education
- RSHE
- SMSC
- PSHE
- Mental Health
- Transition to secondary school and to post-16 provision



**Citizenship programmes of study:  
key stages 3 and 4**

**National curriculum in England**



# What does the PD programme look like?

We have a thematic approach, broadly using the PSHE model, with CES requirements and stakeholder voice, to create a PD curriculum for our students. Topics spiral and are taught at an age-appropriate stage, with Catholic teaching and other views presented as per statutory requirements. We cover Health and Wellbeing, Living in the Wider World and Healthy Relationships.

An example of the spiral curriculum for Half Term 1 is the theme **Me and My Body**:

Y7 – Growing up (changing bodies, navigating puberty, menstrual wellbeing)

Y8 – Body expectations (relationship values, gender identity and stereotypes, sexuality)

Y9 – How others treat my body (respectful relationship behaviour, consent, grooming, teenage sex)

Y10 – How I treat other people's bodies (self-image, the impact of pornography, communication and consent, managing break-ups)

Y11 – My body (addiction, substance abuse and risk, influence, getting help and support)

You can see the 5 year Curriculum overview on the school's website under: Learning / Curriculum / Programme of Study.

# What are the resources & expertise in use?

- Gatsby Benchmarks
- Connexions service
- GMCA
- ten:ten
- EEF reports
- Diocese
- *Dignify*
- PSHE/ACT
- GMVRU
- Government research
- Other local and regional schools
- Statutory guidance



# How is PD broadly delivered?

- Small team of teachers in 1 60 minute lesson each week as part of the main timetable. Vast majority of PD curriculum is taught in these lessons
- Experienced team of teachers, staffed at KS4 with pastorally experienced staff
- Where relevant, mapping allows for specialists to teach some aspects eg online safety
- Our Character Education develops students' understanding of the importance of respect, love, service, integrity and resilience, delivered via structured assemblies and, this year, through our form time *Me and You* sessions
- Assemblies are planned cohesively tying our school and character values with the Diocesan calendar and national or global dates of significance
- Enrichment is delivered at lunchtime or after school and through planned trips and visits by the curriculum teams
- CEIAG is delivered as part of the taught timetable of PD lesson allocation. All students can access independent advice from our Connexions officer, are guided in tailored group sessions and assemblies in KS3 and have 1-1 meetings in KS4. And there are planned bespoke trips and visits (including to post-16 providers), as well as industry and post-16 visitors in school. Our KS4 students will all have had the opportunity to access Work Experience by the time they leave school – whether via a virtual platform or a week-long period with an employer.



# What about PD for future pathways?

The Careers Programme (Careers Education, Information and Guidance) is led by Mrs Williams and delivered by the PD teaching team, as well as external experts.

We collaborate with Trafford Connexions for Independent CEIAG and have support from their team every week for all of our students, planned strategically for 1-1 meetings, and also for drop-ins.

We also have an exciting and ever developing CEIAG offer, with support from GMCA. An example of this is the establishment of working lunches with employees in various industries eg paralegal firm, or mock interviews for Y11.

There is more found on our Careers support under Learning / CEIAG on the school website.



# What about PD Enrichment activities?

With enrichment at St Antony's, the aim is:

- To engage every student
- To build a sense of belonging and pride in school – proud to be STA
- To develop students' cultural capital and character education

Our enrichment activities are planned for all in KS3 through a co-curricular offer but also available to all through a wider offer. This enrichment offer is reviewed with stakeholders. As such the offer changes eg additional creative arts opportunities or the School Production added for 2023-24.

We are very proud that there are many opportunities for development of character, through leadership and service, and we know from pupil voice activity that this has been highly valued by students but in response to stakeholders, we are extending this as a whole-school priority for 2024-25.

# How is PD evaluated & reviewed?

- Pupil voice – combination of strategic panels and data
- Regular survey of parents
- Staff evaluation each half term on student engagement with PD lessons
- Homework booklets
- Subject A2L – high expectation and monitoring
- Internal QA – Subject Development Review
- External QA – national leader of education in PSHE, Janet Palmer, Ofsted inspectors
- Monitoring of offer for co-curricular and wider-curricular offer
- CEIAG – Gatsby Benchmarks and NEET data

We welcome feedback outside of planned review points:

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Mr Betton – PD lessons [c.betton@st-antonys.com](mailto:c.betton@st-antonys.com)

Mrs Harris – PD outside of the curriculum [a.harris@st-antonys.com](mailto:a.harris@st-antonys.com)