

Personal Development - Year 11 Parent/Carer Information Evening, September 2024

Dear Parent/Carer,

Each week, your child participates in PSE, Citizenship, and Relationships, Sexual and Health Education (RSHE) lessons as part of their timetable. Collectively, these curriculum areas are known as “Personal Development” (PD) and are a crucial element of our students’ holistic development as they aspire to be the best versions of themselves, believe in their intrinsic value as beloved children of God, and achieve the happy and healthy personal lives they deserve after leaving school.

This letter – as part of our legal, annual RSE consultation - is to inform you of the topics your child covers in Personal Development over the school year as a Year 11 student. Citizenship is identified by the italics and Careers lessons are the identified by the underlined font.

Autumn Term

- Self-Worth
- Choices and Career Consequences
- Careers interviews
- Substance use & risk
- Substance use & influence
- Getting help & support
- *Should first past the post be scrapped?*
- Priorities and habits for success
- Will power, focus & goal setting
- Thought bias & SEMH Toolkit

- *How do different countries govern themselves?*
- *How can we hold our leaders to account?*

Spring Term

- The role of intimacy & pleasure
- Safely ending relationships
- Contraception
- Sexually transmitted diseases
- Smashing through the glass ceiling

- Impact of economic recession
- Responsibilities & consequences
- Communicating wants and needs
- Gender performativity and the male gaze
- *Unwanted, inappropriate and illegal behaviours*

Summer Term

- *How can I get into politics?*
- *Local issues*

We will be sharing an updated video and details on our website by w/c 30th September as part of our annual RSE consultation with families. This outlines the approach taken to PD lessons, how the content is determined and you will have an opportunity to get in touch with us if you have any questions about the PD Curriculum. The RSE consultation will run from 30th September-25th October 2024.

If you have any questions in the meantime about the RSE content or anything else for PD, please email directly at c.betton@st-antonys.com. For Careers communication, please email Mrs Williams: r.williams@st-antonys.com.

Kind regards,

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