



Personal Development - Year 8 Parent/Carer Information Evening, September 2024

Dear Parent/Carer,

Each week, your child participates in PSE, Citizenship, and Relationships, Sexual and Health Education (RSHE) lessons as part of their timetable. Collectively, these curriculum areas are known as "Personal Development" (PD) and are a crucial element of our students' holistic development as they aspire to be the best versions of themselves, believe in their intrinsic value as beloved children of God, and achieve the happy and healthy personal lives they deserve after leaving school.

This letter – as part of our legal, annual RSE consultation - is to inform you of the topics your child covers in Personal Development over the school year as a Year 8 student. Citizenship is identified by the italics and Careers lessons are the identified by the underlined font.

Autumn Term

- Created and chosen
- What are the Gatsby Benchmarks?
- Self-management skills
- Appreciating differences
- Relationship values & disagreeing respectfully
- Relationship expectations & gender stereotypes
- Gender identity & sexuality
- *Intro to community diversity*
- Giving and seeking permission
- Consent - avoiding assumptions

- Appropriate and inappropriate touching
- *Rights up your street - human rights*
- 'Before I was born'

Spring Term

- Formalising relationships
- Managing conflict
- When families separate
- Tough relationships
- Gender pay gap
- Gender equality
- *Fake news and media literacy*
- E safety
- Nudes
- *How can we make a difference?*

Summer Term

- Stereotyping and prejudice
- Inclusive language
- Disability inclusion
- Visible differences
- Diversity and celebrating differences
- *Why should local elections matter to you?*
- Stress
- Ader and jealousy
- Dealing with fear
- *Safeguarding against extremism*

We will be sharing an updated video and details on our website by w/c 30th September as part of our annual RSE consultation with families. This outlines the approach taken to PD lessons, how the content is determined and you will have an opportunity to get in touch with us if you have any questions about the PD Curriculum. The RSE consultation will run from 30th September-25th October 2024.

If you have any questions in the meantime about the RSE content or anything else for PD, please email directly at c.betton@st-antonys.com. For Careers communication, please email Mrs Williams: r.williams@st-antonys.com.

Kind regards,

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