



St Antony's
Roman Catholic School

Respect + Love + Integrity + Service + Resilience

Year 11 Mock Examination Information November 2024

You should cross out subjects where mock exams do not apply to you.

Name:

Useful links:

[How to manage your time](#)

[Procrastination – How to Beat it](#)

[STAR Workshop Session 1](#)

[STAR Workshop Session 6](#)

[STAR Workshop Session 2](#)

[STAR Workshop Session 7](#)

[STAR Workshop Session 3](#)

[STAR Workshop Session 8](#)

[STAR Workshop Session 4](#)

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PE



Maths

You will need the following equipment for your Maths examinations:

- Black pen (please have a spare)
- Pencil
- Rubber
- Ruler
- Scientific calculator
- Protractor
- Pair of Compasses

Assessment Dates and length of Assessments:

- Tuesday 5th November: Paper 1 (non-calc) – 1 hr 30 mins
- Friday 8th November: Paper 2 (calc) - 1 hr 30 mins
- Wednesday 13th November: Paper 3 (calc) - 1 hr 30 mins

Area of curriculum assessed: **Paper 1, Paper 2, Paper 3**

What you will need to revise for this assessment:

FOUNDATION

<u>Paper 1 Foundation</u>	<u>Paper 2 Foundation</u>	<u>Paper 3 Foundation</u>
Angle facts	Algebra in shape	Algebraic expressions
Area of composite shapes	Algebraic manipulation	Angle facts
Bar charts	Constructions and loci	Apply four operations
Convert fractions, decimals and percentages	Conversion graphs	Collect like terms
Describe transformations	Convert fractions, decimals and percentages	Compound interest
Direct and inverse proportion	Convert units	Convert fractions, decimals and percentages
Directed number/indices	Co-ordinates	Convert units
Equation of a straight line	Direct/inverse proportion problems	Density
Estimation	Factors, multiples and primes	Draw pie charts
Fractions	Fractions	Factorise
Function machines	Information from a table/money	HCF/LCM
Index laws	Measure lines/angles	Line charts
Money	Median from a table	Linear graphs
Multiplication	Order numbers	Money in context



Nth term of a sequence	Percentage problems	Order fractions
Order decimals	Pictogram	Parts of a circle
Perimeter	Probability and ratio	Percentage problems
Probability	Probability facts	Place value
Ratio	Product of primes/HCF/LCM	Plans and elevations
Ratio in context	Pythagoras' theorem	Prime numbers
Reverse percentages	Quadratic graphs	Recipe problems
Rounding	Ratio in context	Scale diagrams
Solve equations with brackets	Sample space	Standard form
Solve linear inequalities	Similar triangles	Substitution/change the subject
square/square root numbers	Simplify/substitute algebra	Time problems
Stem and leaf/median	Simple interest	Transformations
Types of angles	Speed distance time	Tree diagrams
Venn diagrams	Using calculator	Two way tables
		Volume of cylinder problems

HIGHER

<u>Paper 1 Higher</u>	<u>Paper 2 Higher</u>	<u>Paper 3 Higher</u>
Area of compound shapes	Algebraic Fractions	Pythagoras
Area of sectors	Area of a triangle (Sine)	Product of Primes/LCM/HCF
Circle theorems	Arithmetic and Geometric Sequences	Proportion
Equations of lines (inc. parallel)	Bounds with division	Probability = mutually exclusivity
Estimation	Box Plots	Draw and interpret quadratic graphs
Histograms	Capture re-capture	Fractions/Ratio/Percentages
Index laws inc negative and fractional indices	Compound interest	Angles in a Trapezium
Non - linear Graphs	Density	Scale drawings
Probability	HCF and LCM	Bounds
Ratio, fractions and percentages	Negative enlargement	Trigonometry
Recurring Decimals	Plans and Elevations	Cumulative Frequency inc IQR
Reverse Means	Probability problem solve	Proportion (inverse)
Sequences nth term	Probability (Tree Diagrams)	Graphing Inequalities



Similar Triangles	Probability and ratio	Velocity Time Graphs (acceleration and distance)
Simultaneous Equations	Product Rule of Counting	Surds- rationalise two terms
Subtracting and multiplying mixed numbers	Repeated Percentage Change	Solving quadratic Inequalities
Surds- Rationalise one term and add surds	Standard Form	Similarity in area/ calculate density
Surface are of cone	Vectors - drawing	Probability
Surface area of a cuboid	Volume of a Cylinder	Vectors (inc ratio)
Translations and Transformations	Volume of a square based pyramid	Complete square inc turning points
Triple Brackets		Graph transformations
Venn Diagrams and set notation		Circle theorems (two tangents to a circle)



English Literature

You will need the following equipment for your English Literature examination:

- Black pen (please have a spare)
- Highlighter

Assessment Date and length of Assessment:

- **Wednesday 6th November:** Paper 2 – 1 hour 45 mins

Area of curriculum assessed:

English Literature Paper 2: An Inspector Calls, Power and Conflict Poetry

What you will need to revise for this assessment:

- Your revision guides for each element of the test

An Inspector Calls	Power and Conflict Poetry
<p>You will be asked to pick one question to answer: How far does Priestley present Eric as a character who changes his attitudes towards himself and others during the play?</p> <p>Or</p> <p>How does Priestley explore the importance of social class in <i>An Inspector Calls</i>?</p> <p>30 marks SPaG 4 marks</p>	<p>Compare how poets present ideas about power in '.....' and in one other poem from 'Power and conflict'.</p> <p>30 marks</p> <p>The named poem will be one of the following: Ozymandias London Remains MLD</p>



English Language

You will need the following equipment for your English Language examination:

- Black pen (please have a spare)
- Highlighter

Assessment Date and length of Assessment:

- **Monday 11th November:** **Paper 2 – 1 hour 45 mins**

Area of curriculum assessed:

English Language Paper 2 - everything we have been doing in class this half term

What you will need to revise for this assessment:

- Your Language revision guide (purple) and workbook (white)



Combined Science

You will need the following equipment for your Science examinations:

- Black pen (please have a spare)
- Pencil
- Rubber
- Ruler
- Scientific calculator

Assessment Date and length of Assessment:

- Thursday 7th November: Combined Science Biology 1 hr 10mins
- Thursday 12th November: Combined Science Chemistry 1 hr 10mins

COMBINED SCIENCE BIOLOGY

Area of curriculum assessed: **Biology Paper 2**

What you will need to revise for this assessment:

Foundation tier

Topic	Foundation tier	Higher tier
1. Cells	11	11
2. Microscopy	13	13
3. Factors affecting enzyme activity	16	15
4. Photosynthesis	47	47
5. Transport in plants	48	49
6. Transpiration and stomata	49	50
7. Hormones	52	52
8. The Menstrual Cycle	53	54
9. Homeostasis	55	56
10. Diabetes	56	57
11. Specialised exchange surfaces	58	60



12. Circulatory system - blood	59	61
13. The Heart	61	63
14. Heart rate calculations	62	63

Higher tier

Topic	Higher tier
1. Designing investigations	4
2. Cells	11
3. Diffusion, osmosis and active transport	18
4. Transport in plants	49
5. The Menstrual cycle	54
6. Controlling fertility	55
7. Circulatory system - Blood	61
8. Circulatory system - The heart	63
9. Respiration	64
10. Ecosystems and interactions between organisms	67
11. Investigating ecosystems	68
12. The nitrogen cycle	73



COMBINED SCIENCE CHEMISTRY

Area of curriculum assessed: **Chemistry Paper 1**

What you will need to revise for this assessment:

Foundation tier

Topic	Foundation tier	Higher tier
1. Balancing equations	76	76
2. Hazards and risks	77	77
3. Atomic number, mass number, isotope	80	79
4. The Periodic Table	81	81
5. Electronic configurations	82	82
6. Empirical formula and percentage mass	92	93
7. Concentration	94	92
8. States of matter	96	97
9. Change of state	97	98
10. Distillation	99	100
11. Water treatment	103	104
12. Acids and bases	104	105
13. Reactions of acids	106	107
14. Making insoluble salts	109	108
15. Electrolysis	110	110
16. Predicting products of electrolysis	111	111

Higher tier

Topic	Higher tier
1. Chemical equations	75
2. Electronic configurations	82
3. Ions	83
4. Ionic compounds	85



5. Covalent bonding	86
6. Giant covalent structures and fullerenes	87
7. Relative masses and chemical formula	90
8. Moles	91
9. More calculation	92
10. Acids and bases	105
11. Strong and weak acids	106
12. Predicting products of electrolysis	111
13. Electrolysis of copper sulfate	112
14. Reactivity of metals	115
15. Displacement reactions	116
16. Extracting metals using carbon	117
17. Other methods of extracting metals	118
18. Recycling	119



Triple Award Science Biology

You will need the following equipment for your Science examinations:

- Black pen (please have a spare)
- Pencil
- Rubber
- Ruler
- Scientific calculator

Assessment Date and length of Assessment:

- **Thursday 7th November: Biology 1 hr 45mins**

Area of curriculum assessed: **Biology Paper 2**

Assessment overview

A mixture of different question styles, including multiple-choice questions, short answer questions, calculations and extended open-response questions.

Calculators may be used in the examination.

What you will need to revise for this assessment:

Topic 1 – Key concepts in biology, Topic 6 – Plant structures and their functions, Topic 7 – Animal coordination, control and homeostasis, Topic 8 – Exchange and transport in animals, Topic 9 – Ecosystems and material cycles

Foundation tier

Topic	Foundation Tier
Microscopy	14
Photosynthesis	69
Limiting factors in photosynthesis	70
Ecosystems and interaction between organisms	95
Ecosystems and energy transfers	97
More on ecosystems and energy transfers	98
Human impacts on biodiversity	99
Hormones	77
The menstrual cycle	79



Homeostasis-control blood glucose	81
Diabetes	82
Adaptations of leaves and plants	73
Diffusion and alveoli	88
Circulatory system-the heart	91
Osmoregulation and the kidneys	84
More on the kidneys	85
Testing for biological molecules	19
Circulatory system-blood	89
Specialised cells	13
Stomata and transpiration	72
Decomposition	106

Higher tier

Topic	Higher Tier
Diabetes	82
Testing for biological molecules	19
Circulatory system-blood	89
Specialised cells	13
Diffusion, osmosis and active transport	21
Decomposition	106
Investigating ecosystems	96
Ecosystems and interactions between organisms	95
The nitrogen cycle	104
Respiration	93
Investigating respiration	93
Plant hormones	74
Stomata and transpiration	72



Adaptations of leaves and plants	73
Circulatory system-heart	91
Controlling fertility	80
Osmoregulation and the kidneys	84
More on the kidneys	85



Triple Award Science Chemistry

You will need the following equipment for your Science examinations:

- Black pen (please have a spare)
- Pencil
- Rubber
- Ruler
- Scientific calculator

Assessment Date and length of Assessment:

- **Thursday 12th November: Chemistry 1 hr 45mins**

Area of curriculum assessed: **Chemistry Paper 1**

Assessment overview

A mixture of different question styles, including multiple-choice questions, short answer questions, calculations and extended open-response questions.

Calculators may be used in the examination.

What you will need to revise for this assessment:

Topic 1 – Key concepts in chemistry, Topic 2 – States of matter and mixtures, Topic 3 – Chemical changes, Topic 4 – Extracting metals and equilibria, Topic 5 – Separate chemistry 1

Foundation tier

Topic	Foundation Tier
States of matter	34
Changes of state	35
Dynamic equilibrium	59
Covalent bonding	23
Ions	20
Fertilisers	69
Water treatment	41
Distillation	37
Titrations	65
Reactions of acids	45
The atom	16



Calculating empirical formulas	30
The periodic table	18
More calculations	29
Making soluble salts	47
Electrolysis	48
Predicting products of electrolysis	49
Reactivity of metals	53
Transition metals	62
Reactions of acids	45
Acids and bases	43
Hazards and risks	14
Electronic configurations	19
Alloys	63
Percentage yield	66
Atom economy	67

Higher tier

Topic	Higher tier
Electrolysis	48
Alloys	63
Acids and bases	43
Reactions of acids	45
Electronic configurations	19
Percentage yield	66
Atom economy	67
Recycling	57
Displacement reactions	54
Ions	20
Extracting methods using carbon	55



Other methods of extracting metals	56
Titrations	65
Predicting products of electrolysis	49
Electrolysis of copper sulfate	50
Covalent bonding	23
Giant covalent structures and fullerenes	24
Strong and weak acids	44
Moles	28
Conservation of mass	26
Dynamic equilibrium	59
Le Chatelier's principle	60
Calculations with gases	70



RE

You will need the following equipment for your RE examination:

- Black pen (please have a spare)

Assessment Date and length of Assessment:

- Friday 8th November: 1 hour 30 mins

Area of curriculum assessed:

Paper 1: Foundational Catholic Theology

- Section 1: Origins and Meaning
- Section 2: Good and Evil

What you will need to revise for this assessment:

Paper 1: Foundational Catholic Theology

Origins and meanings

- Origins of the universe
- The Big Bang theory and the theory of evolution
- The sanctity and value of human life
- Creation in the Bible (Genesis 1&2)
- Tree of life (religious art)
- Interfaith dialogue
- Catholic charities (CAFOD & SVP)
- Catholic Social Teaching

Good and Evil

- Trinity
- Good evil and suffering (St Augustine)
- Problem of evil
- Natural law
- Incarnation
- Jesus and moral authority
- Sculpture and Statues (La Pieta)
- Pilgrimage
- Popular Piety (the rosary)



History

You will need the following equipment for your History examinations:

- Black Pen x 2
- Highlighter (optional)

Assessment Dates and length of Assessments:

- Tuesday 5th November Paper 1 1hr 20 mins
- Thursday 14th November Paper 2 1hr 30 mins

Area of curriculum assessed:

- Paper 1 = Medicine in Britain and Medicine on the Western Front
- Paper 2 = Weimar and Nazi Germany

What you will need to revise for this assessment:

Paper 1 = Medicine in Britain:

The pages below refer to the Medicine in Britain CGP book:

Topic	Pages
Trench systems	68-70
Developments in medicine and surgery during WW1	76-78
Medieval England: disease and the supernatural	6
Medieval England: rational explanations	8
Medieval England: Treating disease	10
Vesalius and Sydenham	20
William Harvey	22
Printing Press and The Royal Society	24
Jenner	32
Louis Pasteur and Germ Theory	34
John Snow: Cholera in London	42
1875 Public Health Act	44
Modern ideas on the cause of disease	48
National Health Service (NHS)	58
The Governments role in healthcare	60

Paper 2 = Weimar and Nazi Germany:

The pages below refer to the Weimar and Nazi Germany CGP book:

Topic	Pages
Hyperinflation	12



The Golden Age/recovery	14-15
Changes under the Weimar Republic	16-17
The Great Depression	26
The rise of the Nazis	28
Hitler became Chancellor	30
Young people in Nazi Germany	52
Nazi Discrimination	54

You should also use the revision booklets/packs provided by your history teacher. A digital copy of the booklets have also been uploaded to Satchel One.



Geography

You will need the following equipment for your Geography examinations:

- Black Pen x 2
- Pencil
- Ruler
- Calculator

Assessment Date and length of Assessment:

- | | |
|---------------------------------------|-------------------------------------|
| • Thursday 7 th November | Paper 1 Component 1 - 1 hr 45 mins |
| • Wednesday 13 th November | Paper 2 Problem Solving 1hr 30 mins |

Area of curriculum assessed:

Paper 1

Theme 1 - Migration including push and pull factors, Aid, the impacts of large sporting events (Revision Guide Pages 11, 12, 72 -74 and in Rural Urban Booklet)

Theme 2 - Coasts (Revision Guide Pages 49 -55, Floods (Revision Guide Pages 61-63)

Theme 3 - Ecosystems (Revision Guide Pages 28 -32) UK Ecosystem (Dunham Forest) protecting vulnerable ecosystems)

Paper 2 (This is the problem-solving paper with the resource booklet and the essay at the end)

This will be on improving the conditions in an informal housing settlement in an LICs. You will need to revise:

- Migration,
- How lives can be improved in LICs,
- What are global cities
- A slum clearance scheme (Dharavi)
- Self-help schemes.

What you will need to revise for these assessments:

- Red books / Workbooks
- Knowledge Organisers (Given out in class)
- Revision Guides
- Access the centralised revision hub on SharePoint which has everything you need to succeed. Click on the link:

<https://lvestantonys.sharepoint.com/sites/Year11RevisionMaterials>



Computer Science

You will need the following equipment for your Computer Science examination:

- Black Pen x 2
- Pencil
- Rubber
- Ruler

Assessment Dates and length of Assessments:

- **Tuesday 12th November** **1hr 30mins**

Area of curriculum assessed:

Paper 1 - Computer Systems

- Systems architecture
- Memory and storage
- Computer networks, connections and protocols
- Network security
- Systems software

Paper 2 - Computational thinking, algorithms and programming

- 2.1 Algorithms



Business

You will need the following equipment for your Business (Paper 1) examination:

- Black pen (please have a spare)
- Calculator
- Highlighter

Assessment Date and length of Assessment:

- **Tuesday 12th November: 2 hours**

Area of curriculum assessed:

Paper 1 – Business Activity, Marketing and Human Resources

What you will need to revise for this assessment:

First part – 15 multiple choice questions (A, B, C or D) = 15 marks in total

Areas to focus your revision:

- Type of business ownership / stock exchange
- Rewards for being an entrepreneur
- Different stakeholders (Do you know the difference between internal and external?)
- Calculating market share
- Why you might NOT want to start your own business
- Calculating % change = $(\text{Change} / \text{Original}) \times 100$
- Benefits of employee retention
- Subordinates
- Horizontal takeovers
- Partnerships
- Benefits of staff training
- Benefits of being a sole trader
- Benefits of employing temporary staff when it is busy
- Calculating % of a number

Second part – mixture of short and long written answers to 3 different scenarios = 65 marks in total

Areas to focus on in your revision:

- Characteristics of being an entrepreneur



- Examples of how a business expands via organic growth
- Benefits of writing a business plan
- Different business objectives of small and big businesses
- Benefits for a customer of products being sold online
- Downsides to a business of selling good online
- Limited liability
- Examples of what is in a job description and person specification
- Examples of different methods of selection
- Laws relating to recruiting new workers
- Benefits of different types of training (esp induction training)
- Calculating pay
- Benefits and downsides of home working
- Benefits of a takeover of a rival
- Benefits of being an LTD compared to being a partnership
- Employing temporary workers – benefits and downsides
- Impact on different stakeholders of changes a business makes (e.g. to aspects of its marketing)



French

You will need the following equipment for your French examinations:

- Black pen (please have a spare)

Assessment Dates and length of Assessments:

- Wednesday 23rd October: Speaking – times to be confirmed
- Wednesday 6th November: Higher: Listening (45mins) & Reading (1 hr)
Foundation: Listening (35mins) Reading (45mins)
- Monday 11th November: Higher: Writing (1hr 15mins)
Foundation: Writing (45m)

Area of curriculum assessed:

Speaking Exam

Learn your speaking test answers for **THEME 1**

You will complete a role play and photocard as well as the general conversation and the tasks must cover all three themes so you need to revise **all** your answers well.

REMEMBER! Everything you have prepared for the speaking exam can be used for the writing so your model answers are transferable.

For the general conversation you will be asked a selection of questions from the sub-topics below

Theme 1: Identity and culture

Topic 1: Me, my family and friends

- Relationships with family and friends
- Marriage/partnership

Topic 2: Technology in everyday life

- Social media
- Mobile technology

Topic 3: Free-time activities

- Music
- Cinema and TV
- Food and eating out
- Sport



Topic 4: Customs and festivals in French-speaking countries/communities

Listening and Reading Exam

Learn the vocabulary which has been provided on Satchel One.

Writing Exam – For this mock exam, you will all be entered for the foundation tier exam.

Revise tense structures (how to form the present, past and future tense) and look over the Sentence Builders that you have been provided with over the course of Year 10 and 11 (these have also been uploaded to Satchel One). You have made lots of flashcards as part of your preparation for the exams so please ensure that you are familiar with all of that vocabulary in both French and English.

Foundation

- Q1 - Photocard - Revise general photocard vocabulary
- Q2 - 40 word writing (present tense)
- Q3 - 5 x sentence translation (variety of vocab and structures)
- Q4 - 90 word writing (choice of two)

Click on the padlet link for a weekly revision guide for further resources to support the Role Play, Photocard, writing and translation tasks.

<https://padlet.com/mtstevens29/year-11-french-exam-revision-a52dzxycqe5vq996>



Music

You will need the following equipment for your Music examination:

- Black pen (please have a spare)
- Pencil for dictation question (please have a spare)

Assessment Date and length of Assessment:

- **Monday 11th November:** – 1 hour 15 mins

Area of curriculum assessed: Component 3: Appraising

What you will need to revise for this assessment:

- Bach Badinerie Set Work
- Toto Africa Set Work
- All the elements of music and music theory (DR PAT SMITH)
- All musical devices terminology and definitions (Appendix C)
- Area of Study 1: Musical Forms and Devices
- Area of Study 2: Music for Ensembles
- Area of Study 3: Film Music
- Area of Study 4: Popular Music
- Musical dictation – melodic and rhythmic



Art, Craft & Design

You will need the following equipment for your Hospitality and Catering examination:

- Black pen (please have a spare)
- Art Materials (prepared and know what you intend to use)
- Your plan
- Your sketchbook
- Your photos from your project
- Any specific requirements for materials to be arranged with Mr Lau

Assessment Date and length of Assessment:

- **Friday 15th & Monday 18th November: – All Day**

Area of curriculum assessed:

A03 – Record ideas, observations and insights relevant to intentions as work progresses You will be creating a 'maquette'. This is a practise final piece that you will create over 5 hours. After the exam, you will then refine your idea in readiness for your final 10 hour assessment in December

What you will need to revise for this assessment:

You need to have a clear idea of:

- Your theme
- Your message
- Your artists
- Practise using your media (materials)



Hospitality & Catering

You will need the following equipment for your examination:

- Black pen (please have a spare)
- Highlighter

Assessment Date and length of Assessment:

- Monday 11th November: – 1 hour 20 mins

Area of curriculum assessed: Unit 1- Exam paper

What you will need to revise for this assessment:

Unit 1: The Hospitality and Catering Provision

Section 1- Hospitality and Catering Provision (Pages 3-23)

Section 2- How providers operate (pages 24-38)

Section 3- Health and Dafety (pages 39-43)

Section 4- Food Safety (pages 45-53)

Assessment Date:

- Tuesday 19th OR Wednesday 20th November

Area of curriculum assessed: Unit 2- Food practical

What you will need to complete for this assessment

You will be completing a full practical food preparation day in which you will be creating 2 dishes for your clients.

For this you will need to have a recipe card for your dishes

A timeline for creating your dishes

Knowledge of how to prepare your dishes

Focus on presentation of dishes

Be aware of the macro and micro nutrients involved in the cooking methods of the dishes



PE

You will need the following equipment for your PE examination:

- Black pen (please have a spare)

Assessment Date and length of Assessment:

- **Wednesday 13th November: – 1 hour**

Area of curriculum assessed: **Paper 1 – Physical factors affecting performance**

What you will need to revise for this assessment:

- The PE Classroom workbooks:
You can access these by logging into your PE Classroom account at www.thepeclassroom.com – You can access the pupil workbooks, the Power Point presentations and online quizzes and activities to have a go at. Also, spend time using the Examiner tool on the website. This provides immediate AI feedback based on the answers you provide. You can filter the questions on a topic of your choosing.
- [GCSE Physical Education - OCR - BBC Bitesize](#)

Anatomy + Physiology

1. Muscular System - [Involuntary, voluntary and skeletal muscle - Muscular system - OCR - GCSE Physical Education Revision - OCR - BBC Bitesize](#)
2. Skeletal System - [Structure of the skeletal system - Skeletal system - OCR - GCSE Physical Education Revision - OCR - BBC Bitesize](#)
3. Cardiovascular System - [Structure of the cardiovascular system - Cardiovascular system - OCR - GCSE Physical Education Revision - OCR - BBC Bitesize](#)
4. Respiratory System - [Structure of the respiratory system - Respiratory system - OCR - GCSE Physical Education Revision - OCR - BBC Bitesize](#)
5. Aerobic and Anaerobic System – [Anaerobic respiratory system - Aerobic and anaerobic exercise - OCR - GCSE Physical Education Revision - OCR - BBC Bitesize](#)
6. Long + Short term effects of exercise – [Short term effects of exercise on the body systems - Long and short term effects of exercise - OCR - GCSE Physical Education Revision - OCR - BBC Bitesize](#)
7. Movement Analysis – [First, second and third class levers in the body - Movement analysis - OCR - GCSE Physical Education Revision - OCR - BBC Bitesize](#)

Physical Training

1. Keeping fit and healthy in sport - [Components of fitness - Keeping fit and healthy in sport - OCR - GCSE Physical Education Revision - OCR - BBC Bitesize](#)
2. Principles of training - [Definitions and descriptions of the principles of training - Principles of training - OCR - GCSE Physical Education Revision - OCR - BBC Bitesize](#)



3. Methods and effects of training - [The effects of the warm up and cool down process - Methods and effects of training - OCR - GCSE Physical Education Revision - OCR - BBC Bitesize](#)
4. Preventing injury in sport - [Health screening - PAR-Q questionnaire - Preventing injury in sport - OCR - GCSE Physical Education Revision - OCR - BBC Bitesize](#)

Area of curriculum assessed: **Paper 2 – Socio-Cultural Issues + Sports Psychology**

What you will need to revise for this assessment:

- The PE Classroom workbooks:
- [GCSE Physical Education - OCR - BBC Bitesize](#)

Socio Cultural Influences

1. Social groupings and participation in sport - [Participation in sport and influencing factors - Social groupings and participation in sport - OCR - GCSE Physical Education Revision - OCR - BBC Bitesize](#)
2. Ethical factors in sports - [Sporting behaviour - sportsmanship - Ethical factors in sports - OCR - GCSE Physical Education Revision - OCR - BBC Bitesize](#)
3. Commercialisation in sport - [Elite sport, the media and sponsors - Commercialisation in sport - OCR - GCSE Physical Education Revision - OCR - BBC Bitesize](#)