

PERSONAL DEVELOPMENT LESSONS, UNIT 2 - EMOTIONAL WELLBEING



St Antony's
Roman Catholic School

Respect † Love † Integrity † Service † Resilience

Y7 UNIT 2 – COMPARING MYSELF TO OTHERS

SUPPORT & SIGNPOSTING

Further Support

Speak to a tutor, head of year or other trusted member of staff in the school.

Childline: www.childline.org.uk or 0800 1111.

