

# PERSONAL DEVELOPMENT LESSONS, HALF TERM 3 - LIFE CYCLES



St Antony's  
Roman Catholic School

Respect † Love † Integrity † Service † Resilience

# Y11 HALF TERM 3 – MY ROLE IN A FAMILY SUPPORT & SIGNPOSTING

## Signposting support

If you would like further guidance or support:

- speak to a parent/carer, tutor, head of year, school nurse/counsellor or other trusted member of staff in the school
- report a crime by calling 999 in emergencies, or 101 to make a non-urgent report

Visit:

A Better Medway: [www.abettermedway.co.uk](http://www.abettermedway.co.uk)

Brook: [www.brook.org.uk](http://www.brook.org.uk) 0808 802 1234

Childline: [www.childline.org.uk](http://www.childline.org.uk) 0800 1111



## Signposting support

If you would like further guidance or support, speak to:

- a parent/carer, tutor, head of year
- school nurse/counsellor or other trusted member of staff in the school

- **Domestic Abuse Support in Medway:** [www.domesticabuseservices.org.uk](http://www.domesticabuseservices.org.uk)
- **Childline:** [www.childline.org.uk](http://www.childline.org.uk) 0800 1111
- **Refuge:** [www.refuge.org.uk](http://www.refuge.org.uk)
- **Women's Aid:** [www.womensaid.org.uk](http://www.womensaid.org.uk)
- **Mankind:** [www.mankind.org.uk](http://www.mankind.org.uk)
- **Domestic abuse helpline:** 0808 2000 247

