## PERSONAL DEVELOPMENT LESSONS, HALF TERM 3 -LIFE CYCLES



## Y7 HALF TERM 3 – WHAT MAKES FAMILY SUPPORT & SIGNPOSTING

## **Further Support**

Speak to a tutor, head of year or other trusted member of staff in the school

Report a crime by calling 999 in emergencies, or 101 to make a non-urgent report

Brook: www.brook.org.uk/help-advice

Childline: www.childline.org.uk or 0800 1111

## Who to ask for help

If someone is concerned for themselves or someone they know, they should talk to an adult or organisation they trust, such as:





- A teacher, form tutor or another adult in school
- An adult at home or outside the family
- Their GP
- ChildLine: 0800 1111 www.childline.org.uk
- NSPCC FGM helpline: 0800 028 3550; Email: fgmhelp@nspccc.org.uk
- Police: 101 (emergency: 999)

PSHE Association 202: