



The Catholic Parish of St. John Henry Newman

"Heart Speaks to Heart!"



Parish Priest: Fr. Kieren Mullarkey
kieren.mullarkey@dioceseofsalford.org.uk
The Presbytery, 5 Roseneath Road, Urmston, M41 5AX

Phone: (0161) 7482328

Deacon: Rev. John Walsh

Parish Admin: Amanda.Craven@dioceseofsalford.org.uk

Safeguarding Rep: Mrs. Amanda Craven

Parish Centre: 0161) 747 9173 (bookings - bar - via SDC)
sjhnpc@sdc-trading.co.uk

SVP: 07495251598



St John Henry Newman, Urmston

If you would like to make a donation to the Parish please scan the above QR code.

1st Sunday of Lent - 9th March 2025

ASH WEDNESDAY

LENT BEGINS

WHAT IS LENT?

The 40-day period from Ash Wednesday and before Easter Sunday. It is marked by prayer, fasting, abstinence, and other acts of penance.

PRAYING ----- FASTING ----- ABSTINENCE



WHAT IS FASTING?



One meal a day, and two smaller meals which if added together would not exceed one full meal.

DAYS OF FAST?

Ash Wednesday

Good Friday

WHO ARE REQUIRED?

Catholics from age
< 18 to 59 >



The sick and expectant mothers are excused from fasting.

WHAT IS ABSTINENCE?



Abstinence is refraining from eating meat. Meat is considered to be the flesh and organs of mammals and fowl.

DAYS OF ABSTINENCE?

Ash Wednesday

All Fridays of Lent

Good Friday

WHO ARE REQUIRED?

Mandatory for everyone

↑ older than 14 years old



PARISH MASS TIMES

Tue	11	
9.30am	EM	Mass
6.30pm	SM	Confession SP
Wed	12	
9.30am	SM	Mass
6.30pm	SM	Confession SP
Thu	13	
9.30am	EM	Mass
6.00pm	EM	Adoration
Fri	14	
7.30am	EM	Mass
8.30am	SA	Mass
Noon	SM	Stations
2.30pm	OL	Soup & Stations
Sat	15	
10.00am	EM	Adoration & Confession
11.00am	EM	Mass
5.00pm	SM	Confession
5.30pm	SM	Vigil Mass
Sun	16	2nd Sunday of Lent
9.30am	EM	Mass
11.30am	SM	Mass
1.30pm	EM	Baptism

RETIRING COLLECTION
SICK & RETIRED CLERGY FUND

Dear Parishioners,

As we begin the Season of Lent, I don't want to say much - less is more! Read and reflect upon the meme above, and try to grow closer to the Lord during this special time.

I pray that you all have a wonderful Lent. Remember, Sundays don't count!!

Fr. Kieren

FACEBOOK: St John Henry Newman

X:@padrekieren

WEB: www.stjohnhenrynewmanparish.org



SACRAMENTAL PROGRAMME 2024 - 2025

CHILDRENS CATECHESIS

Catechesis on Saturday 9.30am - 11.00am (PC)
Catechesis on Sunday 9.45am - 11.15am (JR)

- ◆ Sat/Sun 10th/11th May
- ◆ Sat/Sun 17th/18th May

PARENT CATECHESIS

Catechesis on Thursday 6.30pm (PC)

- ◆ 8th May
- ◆ 22nd May

CELEBRATION LITURGY/MASSES

1st Sunday of Lent 9th/10th Mar
Attend any Sunday Mass

Sacrament of Reconciliation
11th & 12th March (6.30pm) SM

First Holy Communion Mass SM
14th June (Noon) St. Monica's Church

First Holy Communion Mass OLOR
21st June (Noon) St. Monica's Church

First Holy Communion Mass EM
28th June (Noon) St. Monica's Church

FAMILY FAST DAY FRIDAY 14TH MARCH



NEW ALTAR SERVERS

Have you made your 1st Holy Communion? Would you like to join our crack and highly trained team of Altar Servers?

If so, get your parents to email Fr. K and he will forward your information to Michael to begin your training!

POPE FRANCIS 2025 LENTEN MESSAGE

“This Lent, God is asking us to examine whether in our lives, in our families, in the places where we work and spend our time, we are capable of walking together with others, listening to them, resisting the temptation to become self-absorbed and to think only of our own needs. Let us ask ourselves in the presence of the Lord whether, as bishops, priests, consecrated persons and laity in the service of the Kingdom of God, we cooperate with others. Whether we show ourselves welcoming, with concrete gestures, to those both near and far. Whether we make others feel a part of the community or keep them at a distance.”



SACRAMENT OF CONFIRMATION

“Every baptised person not yet confirmed can and should receive the sacrament of Confirmation. Since Baptism, Confirmation and Eucharist form a unity”.

The date for the celebration of the sacrament is Wednesday 21st May 2025 at St. Hugh of Lincoln Church, with Bishop John (TBC).

The dates for Catechesis (which will take place in the Parish Centre 6.30pm) are as follows:

27th March



Mass Intentions

Lately Dead

Requiescat in pace

Jean Watson, Helena Conroy, Jane Moran, Beena Matthew,

Intention

A special intention, in thanksgiving, Golden Wedding Anniversary—Goretti & Jim Heneghan

Anniversaries Masses

Bill Lee, Judith Lee, Jonathan Cawley, Philip Chisnall

PRAYERS FOR THE SICK

John Gibbons, Maureen Boylan, Jenny Marks, Emma Coulson, Maureen Whalley, Pam Clark, Marian Kerrigan, Mary Tunstall, Patrick Rogan, Angela Consideine, Sheila Clegg, Andrew Roche, Anne Smyth, Therese Williams, Little Rhia Brooke, Michelle Clegg, Gerry Smyth, Bride McLaughlin, Sian McManamon, Bernard Walker, Mark Daly, Amy, Leo Turnbull, Anne Turnbull, Jo Orford, Tom Parry, Mary Doolan

Names of sick parishioners cannot be published without consent of the individual.

Masses are published as they are received.

SALFORD LOURDES

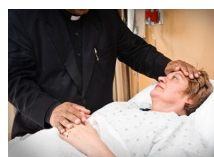


Diocesan Pilgrimage to Lourdes Bookings are now being taken for the 2025 Diocesan Pilgrimage to Lourdes.

This year's pilgrimage will take place between 31st July and 6th August.

For more information on how to book as a pilgrim or register as a volunteer, please visit <https://www.salfordlourdes.co.uk>

IMPORTANT INFORMATION!!! HOSPITAL CHAPLAINCY CARE at Manchester Royal Infirmary, Saint Mary's, Manchester Children's Hospital, Manchester Eye Hospital, Trafford General and The Christie, Salford Royal or Wythenshawe. If you have a relative or friend who is an inpatient and would like a Catholic Chaplain to visit them for pastoral support please contact the Chaplaincy Office on 0161 276 8792. *The Chaplains no longer have access to patient details - a chaplain must be requested by a member of the family to minister to a sick relative.*



A SAFEGUARDING REMINDER children **MUST** not go to the toilet during Mass unless they are accompanied by a parent.

SICK & RETIRED CLERGY FUND Diocesan Retired Priests' Fund is a vital resource that provides accommodation, care, and support to our clergy during their retirement. There will be a Second Collection TODAY after all Masses.

EASTER EGG HUNT all children are welcome to join in the Easter Egg hunt to be held in the garden at St. Monica's (weather permitting) after 11.30am Mass on Easter Sunday, don't worry eggs will also be available after the 9.30am Mass. If you would like to donate any small eggs for the hunt, please leave them at the back of either church. From the Children's church team.



IMPACT GROUP & LOURDES There are 12 aspiring volunteers that will be going to Lourdes this year from our Impact! group. The trip is a chance for them to strengthen their faith and learn the true meaning of empathy. The cost per person is £669.00 but we are hoping to subsidise the cost. On Saturday the 5th April we will be holding an 80's night, tickets are £20 for adults and £10 for children (16 and under) there will be food, entertainment and fancy dress is mandatory. It looks like a fabulous night so please support us and come along. If you would like tickets please use the QR code for our JustGiving page and make sure you put your name and the number of tickets required. Thank you for your support



Pilgrims of Hope and A Popular History of the Diocese of Salford books on sale. Two brand new books, Pilgrims of Hope, and A Popular History of the Diocese of Salford, written by

Monsignor John Allen have gone on sale - with proceeds going to our diocesan charity Caritas Salford. www.caritassalford.org.uk/historybook

Jubilee for Communications In celebration of the Holy Year, we are having a Jubilee of Jubilees to shine a light on a number of different themes represented in our diocese. We begin with our Jubilee for Communications, in which we explore this month's Gospels to reflect on how we can share the Good News in our world today. Access the resources now at <https://dioceseofsalford.org.uk/news/jubilee-2025/calendar/>

Lenten Day Retreat The Parish of Our Lady of Hope in Salford is hosting a Day Retreat to help us prepare and reflect during this season of Lent. Taking place at Ss Peter and Paul RC Church, the retreat will include time for Adoration, praise and worship, with talks from guest speakers John Hesketh and Daniella Stephens. The retreat takes place on Saturday 29 March, 10am - 4pm. Lunch will be provided.

Accessible Prayer Walk The Diocese of Salford's Laudato Si' Centre is teaming up with diocesan charity Caritas Salford to host an accessible prayer walk. It offers an opportunity to explore the beautiful, accessible grounds of the Laudato Si' Centre along with a peaceful prayer reflection. The retreat takes place between 10am and 11.30am on Friday 14 March. Find out more and register: laudatosi@dioceseofsalford.org.uk

READERS FOR HOLY WEEK as we begin the Season of Lent I invite all our wonderful readers to touch base with the coordinators and consider volunteering to read during Holy Week.



GETTING YOUR FEET WASHED DURING THE MASS OF THE LORD'S SUPPER would you like to have your feet washed. It is a privilege as a priest to imitate Our Lord during this Mass (17th April) and wash the feet of parishioners. Will you share this privilege? If so please speak to Fr. K

The Prayer group will meet in the Jubilee again starting on Tuesday 4th March. 7- 9pm.

'Understanding our Everyday Beliefs' Retreat A three-day Lenten retreat is taking place at the Loreto Spirituality Centre In Llandudno in March to help people reflect on our relationship with God and to gain a deeper understanding of our faith. The course explores three core topics: Scripture, the Sacraments, and the Church and will take place between Wednesday 12th March and Saturday 15 March 2025. Further information is available at www.loretocentre.org.uk

Are you aged between 18 and 35 or know someone who is? Our diocesan charity Caritas Diocese of Salford is looking for young adult volunteers to join their governance committee as co-opted members to help shape the charity in the coming months and years. Find out more about how you can help tackle poverty, homelessness, disadvantage, and displacement in our parish communities at www.caritassalford.org.uk/youngadultboard

Diocesan Pilgrimage to Walsingham 2025 Our diocesan pilgrimage office is now taking bookings for its next annual pilgrimage to Walsingham. For more information, prices, and details on how to book, please visit <https://dioceseofsalford.org.uk/walsingham-pilgrimage-2025> or call 0161 817 2209

Primary ECT Pool 2025 Are you looking for a career in teaching? Do you know someone who is training for a career in primary education? ECT (Early Career Teachers) due to gain Qualified Teacher Status in Summer 2025 are being invited to apply for recommendation for interview to Catholic schools with vacancies for September 2025. Email millie.burton@dioceseofsalford.org.uk to find out more and apply or call 0161 817 220.

Annual St Joseph's Technical High School Reunion Mass The reunion will take place on Saturday 22nd March 2025 at St Bernard's RC Church, Burnage. Mass begins at 12 noon, with opportunity for confession and Exposition of the Blessed Sacrament from 11am. Please arrive by 11.30am to sign in. Refreshments will be available in the parish hall after Mass.

This Lent, will you make a change to change a life? Whether you're making a change to your diet, fasting, amending your behaviour or adapting your thoughts and focus...as you pray, fast and give this Lent, the change you're making could also help change lives in your local area. If you're able to make a donation or support in another way, you can find out more here: www.caritassalford.org.uk/SJP Thank you.

THE SACRAMENTS OF INITIATION EUCHARIST & CONFIRMATION



EUCHARIST (HOLY COMMUNION)

The Eucharist is the source and summit of all Christian life, the Eucharist is not a thing or a holy object, the Eucharist is the gift of God Himself given and shared with us.

All parent's of children who will be entering Yr 3 (in September 2025) will be invited from the beginning of May 2025 to enrol their children on the Sacramental Programme.

All children must be baptised in the Catholic Church and families **WILL** be expected, to do what all Catholic families should already be doing, that is attend Sunday Mass.



CONFIRMATION All details will be published in the newsletter and a notice will be sent to our local Diocesan Catholic Secondary School (St. Antony's) and those schools that are in the Diocese of Shrewsbury (BTH, St. Ambrose & Loreto). Registering an interest is **not** joining the programme, and as the child enters Yr8 (Sept 2025) they will have to make the commitment to participate on the programme and complete the sacraments of initiation. Please note that although information is sent to High Schools outside the Diocese of Salford and the non-Catholic schools in the area, distribution of information is *dependant upon the cooperation of the Head teacher and Head of RE.*

TRAFFORD NORTH FOOD BANK Please place any of the above items in the grey bin at the back of church (English Martyrs). To donate directly Co-op Bank a/c 65855834 Sort code: 089299.

THE SACRAMENT OF BAPTISM

The Code of Canon Law states:

"Parents are obliged to see to it that infants are baptised within the first weeks after birth"
(867)

As a Parish, we follow the Diocesan Baptism Policy

In order for your baby/child (under the age of 7) to be baptised, if you are not already practising your Catholic faith, then you must begin to **attend Sunday Mass for a minimum of at least 6 weeks** before a baptism date can be discussed.

- ◆ If you live outside the Parish, but this Parish is your place of *regular* worship, no permission is needed.
- ◆ If you live outside the Parish and don't regularly attend Mass, permission from your Parish Priest is needed.
- ◆ After a date for baptism has been set, a meeting with Fr. Kieren or Deacon John must be arranged (by you).
- ◆ If your child is aged 7 or over they are treated as an adult and must follow an adapted RCIA programme.

To read the full diocesan policy:
<https://www.dioceseofsalford.org.uk/wp-content/uploads/Forming-young-people-for-life-Policy-Nov-2016.pdf>

T	S	E	N	O	T	S	E	S	E
E	T	H	U	N	G	R	Y	S	T
Y	T	R	O	F	A	S	T	E	D
P	S	L	E	G	N	A	S	N	E
L	I	A	N	T	A	S	E	R	V
I	L	H	D	E	T	P	M	E	T
V	D	I	S	T	A	L	F	D	I
E	V	I	L	R	S	O	T	L	L
D	S	E	V	A	O	L	O	I	E
T	P	M	E	T	E	W	O	W	L

WILDERNESS
TEMPTED
DEVIL
FASTED
FORTY
HUNGRY
STONES
LOAVES
ANGELS
FOOT
SATAN
WORSHIP

GETTING MARRIED IN THE CATHOLIC CHURCH

In order to get married in the Catholic Church 6 months notice must be given, please contact Fr. Kieren for further information.

"And that is what marriage is! Hand in hand, always and for the rest of your lives". Pope Francis

Please pray for Marie & Andrew, Rebecca & David, Shannon & Connor, Natalie & Jamie, Ella & Ben, Roisin & James, Lorna & Jonathan as they prepare to celebrate the sacrament together in 2025!



VOCATIONS - DIOCESE OF SALFORD

If you feel called to the Diocesan Priesthood please contact Fr. Kieren or contact the Diocesan Vocation Director directly Fr. Mark Paver: mark.paver@dioceseofsalford.org.uk

Please scan the QR code to learn more.



OUR CATHOLIC PARISH AND DIOCESAN SCHOOLS

DIOCESE OF SALFORD

PRIMARY SCHOOLS

English Martyrs

Wycliffe Road, Urmston.

Head teacher: Mrs Alison McGlade
(0161) 748 7257

Our Lady of the Rosary

Davyhulme Road, Urmston.

Head teacher: Mrs Hannah Groves
(0161)748 4626

St. Monica's

Woodsend Road South, Flixton

Head teacher: Mr. Mark Doherty
(0161) 748 3353

SECONDARY SCHOOL

St. Antony's Catholic High School

Bradfield Road, Urmston

Head teacher: Mr. A. Campbell
(0161) 911 8001