

PERSONAL DEVELOPMENT LESSONS, UNIT 4 - ONLINE SAFETY, ABUSE AND PROTECTING MY BODY



St Antony's
Roman Catholic School

Respect † Love † Integrity † Service † Resilience

Y10 UNIT 4 - ABUSE SUPPORT & SIGNPOSTING

- Domestic Abuse Support: www.domesticabuseservices.org.uk
- Childline: www.childline.org.uk 0800 11 11
- Refuge: www.refuge.org.uk
- Women's Aid: www.womensaid.org.uk
- Mankind: www.mankind.org.uk
- Domestic Abuse Helpline: 0808 2000 247
- Call the police (999 for an emergency, 101 to report a non-urgent crime)

Y10 UNIT 4 – (CITIZENSHIP) DO PRISONS WORK? SUPPORT & SIGNPOSTING

- **Childline:** www.childline.org.uk 0800 11 11
- **Young Minds:** www.youngminds.org.uk
- **Samaritans:** www.samaritans.org 116 123
- Text '**Shout**' to 85258