

PERSONAL DEVELOPMENT LESSONS, UNIT 4 - ONLINE SAFETY, ABUSE AND PROTECTING MY BODY



St Antony's
Roman Catholic School

Respect † Love † Integrity † Service † Resilience

Y7 UNIT 4 - ONLINE SAFETY SUPPORT & SIGNPOSTING

- Childline - [childline.org.uk](https://www.childline.org.uk)
- The Mix - [themix.org.uk](https://www.themix.org.uk)
- Safer Internet Centre - [saferinternet.org.uk](https://www.saferinternet.org.uk)
- Relate - [relate.org.uk](https://www.relate.org.uk) (Help for children and young people section)
- Samaritans - [samaritans.org](https://www.samaritans.org) (England, Scotland, Wales)
- Thinkuknow - [thinkuknow.co.uk](https://www.thinkuknow.co.uk)