

Personal Development - Year 10 Parent/Carer Information Evening, September 2025

Dear Parent/Carer,

Each week, your child participates in PSE, Citizenship, and Relationships, Sexual and Health Education (RSHE) lessons as part of their timetable. Collectively, these curriculum areas are known as “Personal Development” (PD) and are a crucial element of our students’ holistic development as they aspire to be the best versions of themselves, believe in their intrinsic value as beloved children of God, and achieve the happy and healthy personal lives they deserve after leaving school.

This letter is to inform you of the topics your child covers in Personal Development over the school year as a Year 10 student. Citizenship is identified by the italics and Careers lessons are the identified by the underlined font.

Autumn Term

- Authentic freedom
- Choosing the right pathway
- Preparing for Work Experience
- Self-image
- Impact of pornography
- Communication and consent
- Managing break-ups
- *Who makes the law & where are they from?*
- Intro to political ideologies
- Democracy & anarchy
- Beliefs values and attitudes

- *What is a political party & what do they stand for?*
- Pregnancy & abortion

Spring Term

- Long term commitments
- Legal status of marriage
- Parenting
- Parenthood
- Discrimination in the workplace
- *What is the role of the judicial process?*
- How will AI change my life?
- Relationship abuse

- Reporting abuse
- *Do Prisons work?*

Summer Term

- Caring for the environment
- Careers for change
- A sustainable future?
- Green skills and Careers
- Solidarity
- *Laws to protect the environment*
- Banks – saving and borrowing
- Budgeting and gambling
- *Social media, technology & our democracy*

While our legal, consultation review is next year, we are always open to discussion with families. Our website outlines the approach taken to PD lessons, how the content is determined and you have the opportunity to get in touch with us if you have any questions about the PD Curriculum. If you have any questions about the RSE content or anything else for PD lessons or Citizenship, please email directly at c.betton@st-antonys.com. For Careers communication, please email Mrs Williams: r.williams@st-antonys.com.

Kind regards,

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