



## Personal Development - Year 9 Parent/Carer Information Evening, September 2025

Dear Parent/Carer,

Each week, your child participates in PSE, Citizenship, and Relationships, Sexual and Health Education (RSHE) lessons as part of their timetable. Collectively, these curriculum areas are known as "Personal Development" (PD) and are a crucial element of our students' holistic development as they aspire to be the best versions of themselves, believe in their intrinsic value as beloved children of God, and achieve the happy and healthy personal lives they deserve after leaving school.

This letter is to inform you of the topics your child covers in Personal Development over the school year as a Year 9 student. Citizenship is identified by the italics and Careers lessons are the identified by the underlined font.

### Autumn Term

- The search for love
- Young entrepreneurs around the world
- Importance of pupil voice
- Love people, use things
- Respectful relationships
- Freedom and consent
- Grooming & teenage Sex
- *Intro to Human Rights*
- Ending relationships
- Deciding what to watch
- Media depictions of relationships
- In control of my choices
- *Managing Challenging content*

- Marriage

### Spring Term

- Fertility & routes to parenthood
- Pregnancy outcomes
- Pregnancy and abortion
- Fertility & contraception
- The economy explored
- Suffragettes
- Homelessness & poverty
- Sexual harassment
- Harmful sexual behaviour
- Rights, trusts and values

### Summer Term

- *What happens in a Youth Court?*
- Laws and the rights of children
- Child abuse
- You and the police
- Human rights
- My morals and decision making
- *Taxes & budgeting*
- Drugs and alcohol
- Gangs and weapons
- FGM
- Pressure groups
- *Building resilience against extremism*

While our legal, consultation review is next year, we are always open to discussion with families. Our website outlines the approach taken to PD lessons, how the content is determined and you have the opportunity to get in touch with us if you have any questions about the PD Curriculum.

If you have any questions in the meantime about the RSE content or anything else for PD, please email directly at [c.betton@st-antonys.com](mailto:c.betton@st-antonys.com). For Careers communication, please email Mrs Williams: [r.williams@st-antonys.com](mailto:r.williams@st-antonys.com).

Kind regards,

Mr C Betton (*Curriculum Lead: Personal Development*)

Bradfield Road, Urmston, Manchester M41 9PD

Tel: 0161 911 8001 Email: [stantonys.admin@trafford.gov.uk](mailto:stantonys.admin@trafford.gov.uk)

Website: [st-antonys.com](http://st-antonys.com)

Headteacher: Mr Anthony Campbell