



St. Antony's Catholic College

Aspire - Believe - Achieve

Y10 Food & Nutrition

Instructions for the week beginning Monday 4th May 2020

All materials are on Google Classroom. The joining code is jbyy6qx (if you haven't done so already).

Topic-Fats: Their Role and Function

Read

Read the PowerPoint and make notes on the content

Watch

Watch the how to make mayonnaise clip by Jamie Oliver

Do

Complete the recap multiple choice quiz on Fats: Their Role and Function

Do

Complete the review document looking at fats

Practical Do

Depending on the available ingredients & time you could complete one the following practical tasks. Alternatively you could do this in the future.

- a) Make a sweet bread or enriched dough product showing an advanced skill or technique
- b) Make a plaited savoury dough product

Please email a picture of your finished products to s.reynard@st-antonys.com

Fantastic Friday – Please email Mrs Wright (f.wright@st-antonys.com) by 12pm on a Friday if you'd like to share some of your best work of the week with her. She'd love to see it!