



St. Antony's Catholic College

Aspire - Believe - Achieve

Year 7 Food & Nutrition – Zones 1 & 2

Instructions for the week beginning Monday 8th June 2020

Topic-Italian Food Products

Do

Login into Google classroom at <https://classroom.google.com/h> and join the Y7 Food Preparation & Nutrition classroom. The joining code = z4necht (if you haven't joined already)

If you have any problems accessing Google classroom then please email s.reynard@st-antonys.com

Read

Read the recipe (on the PowerPoint) for Bruschetta and examine the ingredients.

Watch

Watch the Bruschetta demonstration

Do

Make notes on the Bruschetta demonstration. You need to note any key points or techniques.

Do

Complete the quiz on Italian Food Products. Note any incorrect answers and test yourself again to make sure you now know the correct answer.

Practical Do

Depending on the available ingredients & time you could complete one the following practical tasks. Alternatively you could do this in the future.

- a) Make the Bruschetta shown in the demonstration
- b) Make an adapted version of the recipe
- c) Make another Italian recipe

Please email a picture of your finished products to s.reynard@st-antonys.com

Fantastic Friday – Please email Mrs Wright (f.wright@st-antonys.com) by 12pm on a Friday if you'd like to share some of your best work of the week with her. She'd love to see it!