



St. Antony's Catholic College

Aspire - Believe - Achieve

Year 8 Food & Nutrition – Zones 1 & 2

Instructions for the week beginning Monday 11th May 2020

Topic-Dough products & flavoured bread

Do

Login into Google classroom at <https://classroom.google.com/h> and join the Y8 Food Preparation & Nutrition classroom. The joining code = iwnjzkk

If you have any problems accessing Google classroom then please email s.reynard@st-antonys.com

Read

Read the recipe (on the PowerPoint) for flavoured bread and examine the ingredients.

Watch

Watch the flavoured bread demonstration

Do

Make notes on the flavoured bread demonstration. You need to note any key points or techniques.

Do

Complete the quiz on flavoured bread & dough products. Note any incorrect answers and test yourself again to make sure you now know the correct answer.

Practical Do

Depending on the available ingredients & time you could complete one the following practical tasks. Alternatively you could do this in the future.

- a) Make the flavoured bread rolls shown in the demonstration
- b) Make an adapted version of the recipe
- c) Make another bread/ dough recipe

Please email a picture of your finished products to s.reynard@st-antonys.com

Fantastic Friday – Please email Mrs Wright (f.wright@st-antonys.com) by 12pm on a Friday if you'd like to share some of your best work of the week with her. She'd love to see it!