

## Year 7,8,9 PE - All

*Instructions for the week beginning Monday 6<sup>th</sup> July 2020*

*Due date Friday 10<sup>th</sup> July 2020*

### Do

This week you are challenged to complete the PE – Travel challenge. Complete the challenge over the week, or if you are super fit, complete it in one day!!

All of the instructions are on the document.

If you have any issues or queries regarding the work, please email your class teacher:

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**Fantastic Friday** – Please email Mrs Wright ([f.wright@st-antonys.com](mailto:f.wright@st-antonys.com)) by 12pm on a Friday if you'd like to share some of your best work of the week with her. She'd love to see it!